MISSION

Morang South Primary School is a committed and unified partnership of teachers, parents and children. We value diversity and strive for excellence. We are committed to providing a high quality education in a cooperative, caring and safe environment. Children are encouraged and challenged to reach their full potential.

FROM THE PRINCIPAL

Hello Everyone,

Welcome back to term 4. So far it has been ‘all singing and all dancing’. There is a wonderful atmosphere of anticipation around the school related to the impending concert. On Monday we will have rehearsals at school then Tuesday is the big day! I will look forward to seeing you all on Tuesday evening. I hope you are looking forward to it as much as I am.

Performing Arts, provides children with unique and multiple ways of exploring, forming, expressing, communicating and understanding their own and others’ ideas and feelings. Performing Arts provides our students with the skills and knowledge necessary to understand how their and others’ creativity reflect and depict the diversity of our world, its cultures, traditions and belief systems. The human brain naturally seeks to find patterns, make sense of information and experiences, and evaluate events and objects for their personal and emotional significance. Music instruction helps children become ‘switched on’ and learn better. Performing Arts has a sense of universal language, and the ability to bring people together in ways that other media is unable to. At Morang South Primary School we believe that participation in Performing Arts is important for all children because it enhances skills and abilities that can be used across other areas of learning.
Many of you will notice that our Maths/Science Garden, in the courtyard, directly opposite the Art room, has been started. While only the basics are in place it is easy to see the potential. Look out for further developments!

This week is National Nutrition Week, it is held from October 12 to October 18. This year's theme is

“Cook, Eat , Enjoy”

You can take up the Nutrition Week challenge at www.nutritionaustralia.org/national/national-nutrition-week

We have included an article entitled ‘Have a healthy lunch box week’ for your information. It has some great ideas in it.

IMPORTANT! IMPORTANT! IMPORTANT!

As many of you will have heard through the media, the EMA (Education Maintenance Allowance) will no longer be available.

From January 1 2015, the Government will provide financial support directly to Victoria’s disadvantaged schools instead of providing the Education Maintenance Allowance directly to parents. Unfortunately we are not classed as a disadvantaged school so we have not been given extra funds to compensate for the removal of EMA.

Parents WILL NOT be able to apply for the Education Maintenance Allowance in 2015.

The end of EMA payments to parents will not affect any other payment you may be receiving such as School Kids Bonus and other family tax exemptions, which is provided directly to eligible parents to assist with education costs.

We intend to forward our 2015 Booklist in the coming weeks to help you plan and space your financial commitments prior to the end of the year. Costs will be kept to a minimum for books, requisites and excursions. We will include a payment plan and anyone experiencing genuine financial hardship may speak to me. It is expected all book lists will be paid by the end of February unless a payment plan has been arranged.

A huge congratulations to our 3/4 Future Stars Hoop Time team who have been given a wild card into the State Championships! Not only did they perform well but their sportsmanship and behaviour were exemplary!

Thank you also to Mrs Dell’Aquila for supporting them today and to their grade six coaches Jessica and Chelsea who have trained them! Thank you, also to the parents who transported and supported them. Well done everyone!

Congratulations and well done to Kyle Banitsiotis, Alyssa Bannan, Aidan Black, Brayden Ferris, Jonah Potter and Flora Radomin for competing in the Northern Region district Athletics. A special mention to Alyssa who placed third in high jump and received a Bronze Medal.

As you know, we are now taking enrolments for our 2015 Foundation (Prep) classes. Please inform family, friends and neighbours that if they have a child starting school next year and would like them to come to our school to enrol them soon. It is important that children are enrolled as soon as possible so that they can participate in our excellent Foundation (Prep) Orientation Program this term.

Please contact us and let us know if you will be shifting in 2015. Thank you.

Our Newsletter arrives via .

If you would like a hard copy of the Gorge News, there will be a limited number available in the foyer for collection by you or your child.

Education Matters, Teachers Make a Difference & Every Day Counts!

Keep up that lifelong learning!

Julie Jones
Principal
Every Face Has a Place at Morang South Primary School

The KidsMatter masks that promoted “Every Face Has a Place” were revealed at this week’s assembly. They look fantastic and represent our diverse school community. We are excited to start displaying them around the school.

Can you see yours below?

Component 1: Positive School Community

Creating and sustaining a positive school community

Respectful and responsive relationships

Inclusive practices supported by policies

Feeling included

Involvement and contribution

Sense of belonging

Creating and sustaining a positive school community
Stars of the Week
Grades Prep – 6
Term 4 week 2

Home Group 1  Parisa and Oliver
Home Group 3  Ali and Eva
Home Group 5  Rose and Imogen
Home Group 09  Liam and Isabella
Home Group 13  Liam M. and Ajay
Home Group 15  Mohammad and Niveditha

Home Group 2  Rhiannon and Filip
Home Group 4  Tyler and Yazan
Home Group 7  Josh J and Alannah
Home Group 11  Angelo and Lauren
Home Group 14  Phoebe, Max and Mihail
Home Group 21  Yuan and Lilli

Home Group 22  Abby and Jamie
Home Group 24  Tommy and Hayley

Science  HG02
Good Sport Award  Flora (HG07)
The Arts- GR 1-6  HG 5

Scientist of Week  Charlotte (HG03)
P.E. 1-6  Home Group 7
I liked the races.— Toby
I liked going up to the edge and back. — Ryan
I liked sitting on the edge and making big kicks.— Emily

We were sooo excited about going swimming! Some of us were awake really early on Tuesday for our first school swimming lesson!

I saw the life saver at school.— Blair

People have to swim between the flags.— Nathan

When I went to the life guard I liked it.— Nicola

If you swim in the water swim left or right.— Kassidy

Look for the yellow and red flags.— Aziz

The life savers wear yellow and red caps.— Eva
Make it Green
MSPS School Concert

Everything is in readiness for the school concert, next Tuesday at 7:00pm, at the Plenty Rangers Theatre.

As the reminder note mentioned, students are needed at the theatre between 6:00 and 6:15pm, so that everything will be ready for a prompt 7:00pm start. Teachers will meet the prep and students in HG04 at the stage door, and Gr 1 – 6 students at the entrance to the Eucalyptus Room (through the entry foyer).

The seats have all been allocated and it will be necessary for you to bring your tickets to the performance, the theatre staff will then direct you to your seat, in order to be ready for the performance that your students and their teachers, have put so much effort into.

Please remember to read all of the notes that have been sent home, because these are aimed to answer the myriad of questions that may otherwise arise. If you still have questions beyond what is sent out, please feel free to ask your children’s teachers as they can give you the answers not covered.

One final reminder— if you have not returned your order for the DVD of the concert, please do it asap, in order to avoid disappointment.

We are excited and hope that you are equally so.

Looking forward to a great night.

Regards
Marg Eames and the Concert Committee

Secondary School Transition Information

Term 4 School Tours

The following tours will be held at The Lakes South Morang P-9 School for prospective parents:

Middle Years Campus (Years 5-9): 80 Jardier Terrace South Morang

Wednesday 22nd October @ 4pm
Wednesday 19th November @ 9.30am

All tours will begin at the front office and be conducted by a member of the school’s leadership team. Hope to see you there!
Today your children have received leaflets from Scholastic Book Club.

If paying by credit card or cheque please read the information in the boxes below.

If you wish to place an order please follow the procedure below—leaflets are given out on a **Thursday** (usually with the newsletter) and due back the **following Thursday**.

This order is due back on Thursday 30th October 2014.

Clearly fill in the form on back of the leaflet with **child’s name and home group** and order total (if older children fill in forms could parents please check them, as we had a number of orders without names or home groups on the order) enclose order & correct money or cheque in a clearly named envelope making sure change is secure. Family orders may be placed in one envelope with one payment.

Orders need to go through class cashbooks.

There are no late orders as the order is processed on the closing day.

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**CREDIT CARDS**

Please note the arrangements for the use of credit cards. For added security you need to ring Scholastic on the number provided on the form. You will be supplied with a receipt number that you need to fill in on your form. You do not need to supply your credit card number to the school.

Problems? See **Deb Powell**. There are plenty of spare leaflets if your child has misplaced the leaflet.

**How long do orders take?** Orders come from Sydney and are normally here with in two weeks. Please don’t hesitate to contact **Deb Powell** if you have any queries.

Thank you to all the families who are able to support Book Club and earn many free resources for the library.
Have a healthy lunch box week

Planning your family’s meals for the week is a cost effective, time saving and hassle free way to ensure your children have nutritious food to eat every day of the week. And by discussing with your child which healthy foods they prefer to eat, involving them in shopping for and/or preparing their meals, food does not end up squashed at the bottom of a bag or in a bin.

Planning a healthy lunch box

Aim to include at least one food item from each of the Australian Guide to Healthy Eating food groups in your child’s lunch box every day.

- **Vegetables and salads**
  - Salads - tomatoes, carrots, cucumber, celery, lettuce
  - Vegetables - stir fried, corn on the cob, capsicum slices
  - Low fat potato salads

- **Grain (cereal) foods, mostly wholegrain and/or high cereal fibre varieties**
  - Sliced bread, bread rolls (preferably wholegrain or wholemeal)
  - Pita/pocket bread
  - Lavash bread (wraps)
  - Fruit/raisin bread
  - English muffin
  - Pasta or noodles
  - Rice (Plain crackers, crisp bread or rice cakes preferably brown)
Fruit

- Piece of whole or chopped fresh fruit e.g. apple, orange or banana
- Fruit salad e.g. container filled with grapes, strawberries, melon, apple or orange
- Tinned fruit e.g. pears or peaches

Dried fruit e.g. packet of sultanas

Dairy - Milk, yoghurt, cheese and/or alternatives, mostly low fat for children over 2 years of age

- Chilled long life milk popper
- Yoghurt tub or popper, preferably plain

Cheese slices or stick

Lean meats and poultry, fish, eggs, tofu, seeds and legumes/beans

- Sliced lean meats - lamb, ham, chicken, beef, turkey
- Boiled eggs
- Tuna/Salmon (fresh or tinned)
- Baked beans

Lentils – including chickpeas, butter beans, etc

Drinks

Include a bottle of water every day

Packing a healthy lunch box

A healthy lunch box contains four items.

- Main item, such as a sandwich/wrap/roll, rice, pasta or vegetables, soup, egg and vegetable frittata, sushi or homemade English muffin pizza
- Fruit or vegetable snack, such as whole fruit, cut up veggie sticks or canned fruit
- Second snack such as reduced fat yoghurt, grainy crackers with reduced fat cheese, plain popcorn, a slice of raisin bread, a boiled egg or can of tuna

A bottle of tap water or plain, long life milk to drink

Make sure you include an icebrick in your child’s lunch box to keep the food cool and safe to eat.

Information supplied by NAQ Nutrition (formerly trading as Nutrition Australia QLD).

For further information, recipe, snack and sandwich filling ideas, food safety tips and menu planning tools visit the Food Smart Schools website – [www.foodsmartschools.org](http://www.foodsmartschools.org)

National Nutrition Week is held from October 12 to October 18. This year’s theme is “Cook.Eat.Enjoy”. Take up the Nutrition Week challenge at [www.nutritionaustralia.org/national/national-nutrition-week](http://www.nutritionaustralia.org/national/national-nutrition-week)
As part of the Everyday Counts initiative, the DEECD is reporting attendance in percentages. Some children have 100% attendance. The percentages in the following table indicate the average attendance for each grade during the week.

<table>
<thead>
<tr>
<th>Foundation</th>
<th>Grades 3/4</th>
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<tbody>
<tr>
<td>Home Group 1</td>
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<td>Home Group 4</td>
<td>93%</td>
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<tr>
<td>Home Group 18</td>
<td>94%</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Grades 1/2</th>
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</thead>
<tbody>
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<tr>
<td>Home Group 21</td>
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<tr>
<td>Home Group 22</td>
<td>81%</td>
</tr>
<tr>
<td>Home Group 23</td>
<td>90%</td>
</tr>
<tr>
<td>Home Group 24</td>
<td>92%</td>
</tr>
</tbody>
</table>

Shaded Area Indicates Highest Grades

Remember that every day counts and arriving at school on time, every day, can improve student learning! Please make sure you send a note if your child is going to be absent from school or on their return to school after an absence.

In the wake of Victoria’s Chief Health Officer confirming at least four cases of measles in the northern region, it is timely for all schools to check their student immunisation status records.

Schools are required under the Public Health and Wellbeing Act 2008 to request an immunisation certificate for each child prior to enrolment and keep this on record. Please ensure that you have met this legal liability.

In the event of a vaccine preventable disease outbreak, unimmunised children will be sent home until the risk of infection has passed.

All families, especially in the northern suburbs, should be aware of the signs and symptoms of measles.

Measles usually begins with common cold symptoms such as fever, sore throat, red eyes and a cough. A rash usually begins 3-7 days after the first symptoms, generally starting on the face and then spreading to the rest of the body.

Children can be immunised through their local GP, immunisation clinics, local councils, community child health nurses and some hospitals.
Have you thought about completing a First Aid training course?

Learn the what, when and how

Morang South Primary School is in a unique position to assist parents and carers in furthering their opportunities by offering a Level 2 First Aid training course on site.

Prices range from $140 - $160 depending on numbers.

6hr course with notes with which you can work through at your own pace.

(1 x 6hr session or 2 x 3hr session)

If you are interested, please contact Mary-Anne on 9404 1548 or email pollock.mary-anne.m@edumail.vic.gov.au

with your day/night preference (not all requests can be guaranteed) and your contact details.

Classes may be offered in 2015.

May also include anaphylaxis training.

Do not miss out on this great opportunity to get skilled up!

*** If you have an idea for a different course you would like MSPS to facilitate ***

PLEASE LET US KNOW! Email: pollock.mary-anne.m@edumail.vic.gov.au
Technology is great but every time you use it, you leave a trace of yourself. It could be in an email, a text or an uploaded image so take care with these simple hints.

Your digital footprint

Almost everything you do with technology leaves a trace: something called a digital footprint. Your digital footprint is a bit like a map of everywhere you’ve been with your technology - everyone you’ve spoken to (and sometimes, what you’ve said), every image or comment you’ve posted, and every file you’ve downloaded. Digital footprints are very hard, in fact almost impossible, to erase. Here are some examples:

- Text messages and emails can be saved by the person you sent them to, and forwarded to many more people than you ever intended.
- You can delete a blog, or a comment or image you’ve put on a site like MySpace or Facebook, but you don’t know how many people have downloaded it before you delete it – and a copy is always saved in the site’s archive.
- Even a one-on-one IM chat can turn into a public conversation if the person you’re talking to decides to record or copy it.
- Technology is great, but you do need to take some care about how you use it.
Friday 7th NOVEMBER, 2014

**MOVEMBER DAY**

JSC will be holding a ‘wear’ a moustache in exchange for a gold coin donation to raise funds for the Movember Foundation. Your moustache can be as big, small, colourful, straight or as curly as you like.

Remember—it is NOT a Uniform Free Day!

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We are participating in Nude Food Day 2014!

National Nude Food Day, (supported by Nude Food Movers and in partnership with Nutrition Australia), creates a nationally recognised day in which we can all come together and show our support towards healthy eating and waste reduction. Throughout November JSC will be promoting and encouraging all students to bring fresh, healthy, rubbish free lunches to school in support of National Nude Food Day which our school will be celebrating on Tuesday 11th November.
SPECIAL LUNCH DAY
Tuesday 28th October. Details to follow

ELECTION BBQ
Saturday 29th November
Volunteers are needed, so please let Michelle Lewis know if you are able to help out

WALKATHON
Friday 21st November. Details to follow

END OF YEAR DISCO
Saturday 5th December. Details to follow

SCHOOL BANKING
Every Tuesday 9.00am in the After School Care room (OHSC)
Lots of cool rewards throughout the year along with certificates at different stages
New bankers always welcomed

CLASSIFIEDS
Advertising prices (per month) are:
Business card $5
¼ page $10, ½ page $20, Full page $40
To advertise, contact the school on 9404 1548 for further details

ENTERTAINMENT BOOKS
Books have arrived and are available from the office
@ $65, with $13 going directly to our school

SECOND HAND UNIFORM SHOP
Run by Jodie Potter and Kate Rigoni
Situated in the Parents & Friends Room
Open Thursday mornings 9:00-9:30am

IF YOU HAVE ANY ITEMS OF CLOTHING THAT YOU NO LONGER REQUIRE PLEASE SEND THEM TO THE SHOP
DONATIONS ARE GREATLY APPRECIATED—THANK YOU :)

Next Meeting
Wednesday 19th November
7:30pm Staffroom
Supervision before school

Parents are reminded that teachers are on yard duty from 8.45 am and that students who arrive at school prior to this time are not supervised. Any child who arrives without an adult before 8:30 am MUST go straight to the office. Children arriving at school earlier than this will be placed in Out of School Hours Care and you will be charged accordingly.
The Victorian Electoral Commission will again be using our school as a Voting Centre on 29th November 2014 for the upcoming State Government election.

To run the election, the local VEC office, covering the districts of Mill Park and Thomastown, needs to employ around 500 casual staff.

Some of these positions commence around Cup Day but the majority of jobs are required around the actual election day.

If you are keen on some casual employment going into the holiday season, please visit the following web site and express your interest for employment.

If there is an opportunity to do so, indicate that you would like to work in the Mill Park or Thomastown areas.

www.vec.vic.gov.au
SUPER COOPER DAY
LETS MAKE IT HAPPEN

Trivia Night

WHERE: Mernda Community Activity Centre
70 Mernda Village Drive Mernda

DATE: 8th November 2014
TIME: 7pm

Proudly Sponsored by
Debinique

GUEST APPEARANCE
Fiona O’Loughlin

MC
Helen Kapalos

Come for a Fun night for a Great Cause

- $35 per person
- Tables of 10 available
- PRIZES for winning table
- Finger Food Provided
- Side games for a gold coin donation
- Auctions
- Lucky Envelopes
- Special Super themed round
- Door Prize
- BYO Drinks Lots of PRIZES

Please Email
supercooperday@hotmail.com
For tickets

*Contact Melissa 0417 119 264 or Deborah 0412 042 069